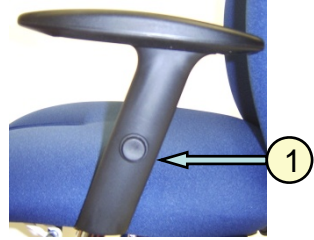


# Operating Instructions for Adapt 600 Series



## 1. Arm Height/Width Adjustment.

To raise the armrest, press the button (1) and slide to desired height– release button.

## 2. Seat Height Adjustment

Lift handle (2) and raise or lower until desired height found. Normally the top of the chair arms should be level with the top of the desk. Adjustments should be made when sitting in the chair.

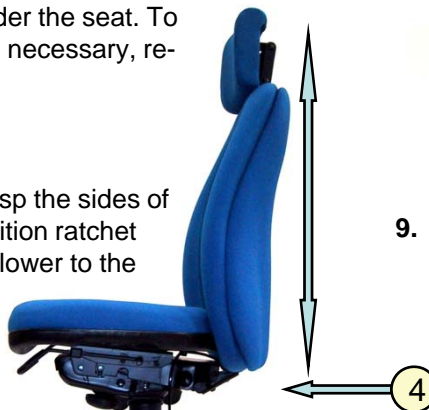


## 3. Inflatable Lumbar Support Adjustment

Inflate by depressing the inflation bulb (3) located under the seat. To deflate, press the valve button attached to the bulb. If necessary, re-adjust the chair back position.

## 4. Back Height Adjustment

Lock the back in a vertical position. When seated grasp the sides of the back and raise until comfortable. This is an 8-position ratchet system. To re-position the back raise fully to the top, lower to the bottom and raise to the desired height



## 5. Knee Tilt Lock/Unlock

The chair is locked in position when paddle (5) is in the down position, to unlock the rocking action, lift the paddle up. Leave unlocked for rocking or lock when the desired position is attained



## 6. Seat Depth Adjustment

The seat depth lock is adjusted by pushing upwards on the transverse bar (6) at the front of the seat.

## 7. Body Weight Tensioner

The tensioner hand-wheel (7) is located centrally at the front underside of the seat, screw clockwise to increase tension and unscrew to reduce tension.

## 8. Independent Backrest Movement

Your chair is fitted with an independent backrest movement which is locked when lever (8) is in the down position, and “free floating” when the lever is in the up position.



## 9. Headrest/Neckroll Adjustment

Height adjustment – grasp sides of the headrest/neckroll and raise until comfortable. Forward adjustment – rotate the headrest as shown by arrows, readjust height if necessary.

We recommend that the chair is set up to suit your individual dimensions to obtain the best results.